

MAY

★ Swim team event
◆ Dive team event



Early bird swim
(May 14-Jun 20) M-F, 6-8am



Adult swim
(May 15-May 24) Tue and Thu, 7-8pm
(May 29-Aug 30) Tue and Thu, 9-10pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 Swim team parent mtg 2:30-3:30pm Dive team parent mtg 3:30-4:30pm	7	8	9	10 Board meeting 7:30pm	11	12 Opening day! 10am-9pm
13 Adult brunch 9-11am	14 🐧	15 🐧 🌧 🌫	16 🐧	17 🐧 🌧 🌫	18 🐧	19 ★ Mini Warrior eval 9am
20 Adult brunch 9-11am	21 🐧	22 🐧 🌧 🌫	23 🐧 ★ Mini Warrior eval 7pm	24 🐧 🌧 🌫	25 🐧	26 ★ Mini Warrior eval 9am
27 Adult brunch 9-11am	28 <i>No early bird</i> Memorial Day BBQ 12-2pm ☀️ Pool open 11am-7pm	29 🐧 🌧 🌫	30 🐧	31 🐧 🌧 🌫		



Early closures/delayed openings

Regular pool hours may occasionally change due to swim team/dive team home meets or other special events.



Weather closing information

Call 703-533-7550 or sign up for text alerts at www.rainedout.com; search for Dominion Hills Area Recreation Association.

Water sports key dates

May 6
Swim team parent meeting 2:30-3:30
Dive team parent meeting 3:30-4:30

Mini Warrior evaluations:
May 19 @9am
May 23 @7pm
May 26 @9am

Swim lessons

Session 1: May 29–June 1 & June 4-7
Session 2: June 11-14 & June 18-21
Session 3: June 25-28 & July 2,3,5,6
Session 4: July 9-12 & July 16-19
See details at www.dominionhills.org

Hours thru June 20

Monday-Thursday 3pm-7pm
Fridays 3pm-9pm
Saturdays 10am-9pm
Sundays/Holidays 11am-7pm

Dates to check out

May 12 • Opening day
May 28 • Memorial Day BBQ

JUNE

★ Swim team event
◆ Dive team event



Early bird swim
(May 14-Jun 20) M-F, 6-8am
(Jun 21-Jul 27) M-F, 6-7am



Adult swim
(May 29-Aug 30) Tue and Thu, 9-10pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 🐧	2
3 Adult brunch 9-11am	4 🐧	5 🐧 ☀️	6 🐧	7 🐧 ☀️	8 🐧	9
10 Adult brunch 9-11am	11 🐧	12 🐧 ☀️	13 🐧	14 🐧 ☀️ Board meeting 7:30pm	15 🐧	16 ★ Time trials @DH 🕒 Pool opens @12pm
17 Adult brunch 9-11am	18 🐧 ★ DH @Arlington Forest	19 🐧 ☀️	20 🐧	21 🐧 ☀️ <i>Early bird now 6-7am</i> ★ ◆ Morning practices begin Summer hours begin	22 🐧 Movie night <i>In the community house</i>	23 ★ Mosby Woods @DH 🕒 Pool opens @12pm
24 Adult brunch 9-11am Ice cream social 2-4pm	25 🐧 ★ SHRA @DH 🕒 Pool closes @4:30pm	26 🐧 ☀️ ◆ DH @Kent Gardens	27 🐧 Kids' night 7-9pm <i>Pool open to kids 6-12 years of age who have passed the swim test*</i>	28 🐧 ☀️ Tiny tot picnic 11:30am-12:30pm	29 🐧	30 ★ DH @Sully Station



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About kids' night

A long-standing tradition at DH! Take a well-deserved break while your kids are enjoying a safe and fully-supervised evening of swimming, fun, and food at the pool. All DH kids 6-12 years of age who have passed the swim test* are welcome.

Drop off your children at 7pm (parents are strongly encouraged not to stay) and pick them up by 9pm. When signing in, on the night of the event, there must be a parent contact phone number in case of inclement weather.

Fee \$5 per child member. *See manager on duty for more information

Swim lessons

Session 1: May 29–June 1 & June 4-7
Session 2: June 11-14 & June 18-21
Session 3: June 25-28 & July 2,3,5,6
Session 4: July 9-12 & July 16-19
See details at www.dominionhills.org

Summer hours

June 21–September 2
Monday-Saturday 10am-9pm
Sundays/Holidays 11am-8pm
(unless otherwise noted)

Dates to check out

June 21 • ★ ◆ Morning practices begin
June 22 • Movie night *(in the community house)*
June 24 • Ice cream social
June 27 • Kids' night
June 28 • Tiny tot picnic

JULY

★ Swim team event
◆ Dive team event



Early bird swim
(Jun 21-Jul 27) M-F, 6-7am
(Jul 30-Aug 30) M-F, 6-8am



Adult swim
(May 29-Aug 30) Tue and Thu, 9-10pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ★ Adult brunch 9-11am	2 ★ ★ Highlands @DH 🕒 Pool closes @4:30pm	3 ★ ◆ Lakeview @DH 🕒 Dive well closes @4pm 🕒 Pool closes @5pm <i>Time may change</i>	4 <i>No early bird</i> ★ Family BBQ 12-2pm 🕒 Pool open 11am-6pm	5 ★ ◆ Donaldson Run @DH 🕒 Pool closes @5:30pm	6 ★	7 ★ DH @Arlington Forest
8 ★ Adult brunch 9-11am	9 ★ ★ Kent Gardens @DH 🕒 Pool closes @4:30pm	10 ★ ◆ DH @Great Falls	11 ★ ★ Divisional Relay Carnival @Sully Station	12 ★ ★ Board meeting 7:30pm ◆ DH @Arlington Forest	13 ★	14 ★ Country Club Hills @DH 🕒 Pool opens @12pm ★ Adult dinner 6-10pm 🕒 Pool closes @5:30pm
15 ★ Adult brunch 9-11am ★ Ice cream social 2-4pm ◆ Wally Martin Meet @Oak Marr Rec Center	16 ★ ★ DH @SHBR	17 ★ ◆ Highlands @DH 🕒 Dive well closes @4pm 🕒 Pool closes @5pm	18 ★ ★ All-Star Relay Carnival ★ Teen night 7-9pm <i>Pool open to teens who have passed the swim test*</i>	19 ★ ◆ All-Arlington @Overlee	20 ★ ★ Movie night	21 ★ Kent Gardens @DH 🕒 Pool opens @12pm ★ Movie night (rain date) ★ Family camp out
22 ★ No brunch! ◆ Crackerjack Meet @Springfield pool	23 ★ ★ Dowden Terrace @DH 🕒 Pool closes @4:30pm	24 ★ ◆ Camelot @DH 🕒 Dive well closes @4pm 🕒 Pool closes @5pm	25 ★	26 ★	27 ★ ◆ Dive team banquet @DH	28 ★ Divisionals @Mosby Woods ★ Swim team banquet @DH
29 ★ Adult brunch 9-11am ◆ Divisionals @Great Falls	30 ★	31 ★				



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Call 703-533-7550 or sign up for text alerts at www.rainedout.com; search for Dominion Hills Area Recreation Association.

About teen night

Calling all teens! Tonight the pool is open just for you. Enjoy a super chill evening of swimming and hanging out with friends. Music, pizza, snacks, and drinks will be provided.

All DH teens and their guests are welcome. Fee \$5 per teen member; non-member guests \$5 plus guest fee. See manager on duty for more information.

Summer hours

June 21-September 2
Monday-Saturday 10am-9pm
Sundays/Holidays 11am-8pm
(unless otherwise noted)


Dates to check out
































July 4 • BBQ
July 14 • Adult dinner
July 15 • Ice cream social
July 18 • Teen night
July 20 • Movie night (rain date July 21)
July 21 • Family camp out

AUGUST

- ★ Swim team event
- ◆ Dive team event

 **Early bird swim**
(Jul 30-Aug 30) 6-8am
(Sept 4-27) 6-7am

 **Adult swim**
(May 29-Aug 30) Tue and Thu, 9-10pm
(Sep 4-27) Tue and Thu, 7-8pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dates to check out August 1 • Kids' night August 2 • Tiny tot picnic			1  Kids' night 7-9pm <i>Pool open to kids 6-12 years of age who have passed the swim test*</i>	2  Tiny tot picnic 11:30am-12:30pm	3 	4 ★ All-Stars @Little Rocky Run
5 Adult brunch 9-11am ◆ All-Stars @Oakton Pool Ice cream social 2-4pm	6 	7  	8 	9  	10 	11
12 Adult brunch 9-11am	13 	14  	15 	16  	17  Movie night	18 Movie night (rain date)
19 Adult brunch 9-11am	20 	21  	22 	23  	24 	25
26 Adult brunch 9-11am Ice cream social 2-4pm	27 	28  	29 	30  	31 	Sep 1



Early closures/delayed openings





















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Weather closing information

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SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Adult brunch 9-11am	3 Labor Day BBQ 12-2pm 🕒 Pool open 11am-7pm	4  🕒 Pool open 4-7pm	5  🕒 Pool open 4-7pm	6  🕒 Pool open 4-7pm	7  🕒 Pool open 4-9pm	8 🕒 Pool open 11am-7pm
9 Adult brunch 11am-1pm 🕒 Pool open 1-6pm	10  🕒 Pool open 4-7pm	11  🕒 Pool open 4-7pm	12  🕒 Pool open 4-7pm	13  🕒 Pool open 4-7pm Board meeting 7:30pm	14  🕒 Pool open 4-8pm	15 🕒 Pool open 11am-7pm Movie night (no rain date)
16 Adult brunch 11am-1pm 🕒 Pool open 1-6pm	17  🕒 Pool open 4-7pm	18  🕒 Pool open 4-7pm	19  🕒 Pool open 4-7pm	0  🕒 Pool open 4-7pm	21  🕒 Pool open 4-8pm	22 🕒 Pool open 11am-7pm
23 Adult brunch 11am-1pm 🕒 Pool open 1-6pm	24  🕒 Pool open 4-7pm	25  🕒 Pool open 4-7pm	26  🕒 Pool open 4-7pm	27  🕒 Pool open 4-7pm	28  🕒 Pool open 4-8pm	29 🕒 Pool open 11am-7pm
30 Adult brunch 11am-1pm 🕒 Pool open 1-5pm	 Also on Sep 30 Volunteer pool clean up	Dates to check out September 3 • Labor Day BBQ September 13 • Board meeting, 7:30pm September 15 • Movie night (no rain date); Family camp out September 30 • Pool closes 5pm				

 **See you next summer!**